

# Resource Guide



An Affiliate of the  
CANCER SUPPORT COMMUNITY





## TABLE OF CONTENTS

Advocacy/Case Management.....	2
Cancer and Careers.....	2
Drug and Alcohol Services.....	3
Financial Assistance.....	3
Food Services.....	5
Free Cancer Screenings.....	6
General Cancer Support.....	7
Home Care.....	10
Hospice.....	11
Legal Services.....	12
Lodging/Housing (non NYC residents).....	14
Movement/Exercise.....	15
Pets.....	15
Teen/Young Adult Support Services.....	16
Transportation Services.....	17
Wigs/Prostheses/Scarves.....	19
General Resources.....	20

## **ADVOCACY/CASE MANAGEMENT**

### **Catholic Charities Archdiocese of New York**

888-744-7900

[www.catholiccharitiesny.org](http://www.catholiccharitiesny.org)

1011 First Ave, (between 55th & 56th St.)

11th Floor, New York, NY 10022

Hours of operation: 9am-5pm

Catholic Charities provides information and referrals, and will help advocate for the services required by a family. Catholic Charities crisis experts help individuals and families plan long-term solutions to immediate problems through counseling and financial assistance. They also provide services for eviction prevention, utility assistance, crisis intervention, sustainability, rental assistance, food pantries, and other referrals. There are no eligibility or insurance requirements needed to apply. To sign up call the phone number above.

### **Patient Advocate Foundation**

800-532-5274 (dial 3 for case management)

Hours of operation:

Mon-Thurs 8am-8pm, Fri 8:30am-7pm

[www.patientadvocate.org](http://www.patientadvocate.org)

Patient Advocate Foundation (PAF) is a national non-profit organization which provides professional case management services to Americans with chronic, life threatening and debilitating illnesses. PAF case managers serve as active liaisons between the patient and their insurer, employer and/or creditors to resolve insurance, job retention and/or debt crisis matters as they relate to their diagnosis. Eligible only for individuals with long term illnesses. Services are offered in both English and Spanish. To sign up call the phone number above.

## **CANCER AND CAREERS**

### **Cancer and Careers**

159 West 25th Street, 8th Fl. New York, NY 10001

[www.cancerandcareers.org](http://www.cancerandcareers.org)

Cancer and Careers empowers and educates people with cancer to thrive in their workplace by providing expert

advice, interactive tools and educational events. Clients have access to professional career coaches who will provide advice on how to put your best professional self forward. Provides information and assistance with resume writing and review. This is a web-based resource, therefore interested individuals should go to the website listed above.

## DRUGS AND ALCOHOL SERVICES

### **Phoenix House**

888-671-9392

[www.phoenixhouse.org](http://www.phoenixhouse.org)

Hours of operation: 24 hours, 7 days a week

Phoenix House New York has helped thousands of men, women, and adolescents overcome substance and alcohol abuse in order to lead healthy, productive and rewarding lives. Phoenix House supports individuals, families, and communities affected by substance abuse and dependency. They provide inpatient and outpatient services to individuals with a substance abuse disorder. Phoenix House accepts most commercial insurances, HMO's and managed care providers. Sliding scale is available for those without coverage. To sign up call the number listed above.

## FINANCIAL ASSISTANCE

### **HealthWell Foundation**

800-675-8416

[www.healthwellfoundation.org](http://www.healthwellfoundation.org)

The HealthWell Foundation is a charitable organization that reduces barriers to medical care for patients with cancer, asthma, arthritis and other chronic or life-threatening diseases. The Foundation helps to bridge the gap by providing financial assistance to eligible patients to cover certain out-of-pocket costs, including: prescription drug coinsurance, copayments, deductibles, health insurance premiums and other selected out-of-pocket health care costs. To find out if you are eligible for assistance visit the website listed above, or call the hotline.

**Patient Access Network Foundation**

866-316-7263

[www.panfoundation.org](http://www.panfoundation.org)

The Patient Access Network Foundation is an independent, national non-profit organization dedicated to providing underinsured patients with co-payment assistance through 21 disease-specific funds that give them access to the treatments they need. If you are interested in these services, you can complete the application through the online patient, provider or pharmacy portals, or apply by phone.

**Patient Services, Inc.**

800-366-7741

[www.patientservicesinc.org](http://www.patientservicesinc.org)

Patient Services, Inc. (PSI) is a non-profit, charitable organization that provides a “safety net” for patients with chronic illnesses who are struggling to keep up with expensive premiums and co-payments. PSI supports patients living with specific chronic illnesses by: subsidizing the cost of health insurance premiums, providing pharmacy and treatment co-payments assistance, assisting with Medicare Part D Co-insurance, helping with advocacy for Social Security Disability and providing Compassionate Prescription Assistance Programs through the PSI-PI Pharmacy (a non-profit pharmacy). If you are interested in these services visit the website listed or call the hotline.

**The Partnership for Prescription Assistance**

888-477-2669

[www.pparx.org](http://www.pparx.org)

The Partnership for Prescription Assistance (PPARX) program was created to make it easier for low-income uninsured patients to get free or nearly free prescription medicines through existing patient assistance programs. This organization offers a single point of access to more than 475 public and private programs, including nearly 200 offered by pharmaceutical companies. To find out if you qualify for assistance visit the website listed above, or call the hotline.

## FOOD SERVICES

### **Cook for Your Life**

212-799-3894

32 Broadway Suite 1101 New York, NY 10004

Hours of operation: Mon-Fri 9am-5pm

[www.cookforyourlife.org](http://www.cookforyourlife.org)

Cook For Your Life's mission is to teach healthy cooking to people touched by cancer. Cook For Your Life turns nutrition guidelines into practical, easy recipes. Cook For Your Life provides free hands-on cooking programs and guidelines to create easy to make recipes. Recipes are designed to help with side effects of various cancer treatments. Provides cooking tutorials for basic cooking skills and how-to-videos for recipes. Interested individuals should visit the website listed above.

### **Feeding America**

800-771-2303

[www.feedingamerica.org](http://www.feedingamerica.org)

Feeding America's mission is to feed America's hungry through a nationwide network of member food banks and engage our country in the fight to end hunger. Visit their website or call their hotline to find the food bank closest to you.

### **God's Love We Deliver**

212-294-8102

166 Avenue of the Americas, New York, NY 10013

Hours of operation: Mon-Fri 8am-5pm

[www.glwd.org](http://www.glwd.org)

The mission of God's Love We Deliver (GLWD) is to improve the health and well-being of men, women and children living with HIV/AIDS, cancer and other serious illnesses by alleviating hunger and malnutrition. GLWD prepares and delivers nutritious, high-quality meals to people who, because of their illness, are unable to provide or prepare meals for themselves. They also provide illness-specific nutrition education and counseling to our clients, families, care providers and other service organizations. All of GLWD services are provided free of charge without regard to income. Interested individuals should call the number listed above.

## FREE CANCER SCREENINGS

### **American Italian Cancer Foundation**

877-628-9090

Inquiry page located on website

Callers will be directed to a clinic based on their address in the 5 boroughs.

Hours of operation:

Hotline hours Mon-Fri 9am-5pm

Clinic hours Mon-Sun 10am-5pm

[www.americanitaliancancer.org](http://www.americanitaliancancer.org)

The mission of the American-Italian Cancer Foundation is to support cancer research and education, recognizing world-class scientific excellence in medicine, and serving economically disadvantaged, medically under-served New York City women through breast cancer screening, outreach, and education. Eligible for women that are at least 40 years old, NYC residents and those who have not had a mammogram in over a year. To schedule a mammogram call the hotline number above and the operator will schedule you for an appointment at a location closest to you. Hotline is available in Spanish, although appointments do not offer translation services.

### **The Breast Examination Center of Harlem (an outreach program of MSKCC)**

212-531-8000

163 West 125th Street, Fourth Floor, New York, NY 10027

Hours of operation:

Hotline hours Mon-Fri 8:30am-5pm

Appointment hours:

Mon-Fri 8:30am-5pm and the 1st Sat of the month

8:30am-3pm

The Breast Examination Center of Harlem (TBECH) provides female NYC residents 40 years or older with no cost mammograms and pap smears. There is no cost for uninsured women, and women with insurance should call the hotline number listed above to verify they can receive services. The hotline is offered in Spanish and TBECH will provide translation for appointments if needed.

### GENERAL CANCER SUPPORT

#### **American Cancer Society**

800-227-2345

Hours of operation: Information specialists are available 24 hours 7 days a week

[www.cancer.org](http://www.cancer.org)

The American Cancer Society is a nationwide, community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service. Information specialist offer general information about cancer types, diagnosis, treatments, stages, support groups and other services in your area. Call the toll free number listed above to speak to an information specialist.

#### **Breastcancer.org**

[www.breastcancer.org](http://www.breastcancer.org)

Breastcancer.org is non-profit organization dedicated to providing reliable, complete and up-to-date information about breast cancer. Their mission is to help women and their loved ones understand complex medical and personal information as it relates to their disease. In addition to online resources, breastcancer.org has an active online community who support one another during their cancer battle. Join their community by following the “Community Knowledge” tab on the website listed above.

#### **CancerCare**

275 Seventh Ave., New York, NY10001

800-813-4673

Hours of operation: Mon-Thurs 9am-7pm, Fri 9am-4pm

[www.cancercare.org](http://www.cancercare.org)

CancerCare is the leading national organization dedicated to providing free, professional support services including counseling, support groups, educational workshops, publications and financial assistance to anyone affected by cancer. All CancerCare services are provided by oncology social workers and world-leading cancer experts. Available to anyone that is affected by cancer. If you are interested in these services call the number listed above (offered in English and Spanish).

**Cancer Support Community**

1-888-793-9355

Hours of operation: Mon-Fri 9am-9pm

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org)

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community (CSC) is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action and sustained by community. CSC achieves its mission through three areas: direct service delivery, research and advocacy. The organization includes an international network of Affiliates that offer the highest quality social and emotional support for people impacted by cancer, as well as a community of support available online and over the phone. Provides toll free cancer support helpline assistance to anyone newly diagnosed, long time survivors, caregivers and health care professionals looking for resources.

**Fertile Hope**

855-220-7777

[www.fertilehope.org](http://www.fertilehope.org)

Fertile Hope is a LiveStrong initiative dedicated to providing reproductive information, support and hope to cancer patients and survivors whose medical treatments present the risk of infertility. The organization's website provides information about cancer treatment-related infertility and links to resources. If you are interested you may also call the phone number listed above.

**FORCE**

866-288-7475

[www.facingourrisk.org](http://www.facingourrisk.org)

The mission of FORCE is to: improve the lives of individuals and families affected by hereditary breast and ovarian cancer. The organization provides information and support for women living with hereditary risk factors, including online information and online support through message boards, a helpline and local support groups. For more information call the number listed above or visiting the website.

### **Gilda's Club New York City**

195 West Houston Street

New York, New York 10014

212-647-9700

Hours of operation: Mon-Thurs 9am-8:30pm, Fri 9am-5pm

[www.gildasclubnyc.org](http://www.gildasclubnyc.org)

Gilda's Club New York City's mission is to support, educate, and empower individuals living with cancer and their families. Our free comprehensive cancer program includes support groups, educational lectures, workshops and social events for everyone impacted by cancer – men, women, teens, and children. Our program is also available in the Bronx, Brooklyn, Manhattan, and Queens. If you are interested in learning more about our program, please call the number listed above (offered in English and Spanish).

### **Imerman Angels**

877-274-5529

205 W. Randolph, 19th Floor Chicago IL 60606

Hours of operation: Mon-Fri 9am-6pm Central

[www.imermanangels.org](http://www.imermanangels.org)

Imerman Angels' mission is to provide personalized connections that enable one-on-one support among cancer patients and those that have finished treatment, as well as caregivers. Provides one-on-one support, connecting patients, caregivers and survivors to others with a similar cancer diagnoses or experience. Services are free and available for anyone touched by cancer, at any stage, at any age, living anywhere in the world. If you are interested in seeking one-on-one support with a "Mentor Angel", you can visit the website and click "request a mentor" or "request a caregiver mentor". Also available if you call the phone number listed.

## **SHARE**

844-275-7427

Address: 166 West 46th Street, Suite 712, New York, NY 10036

[www.sharecancersupport.org](http://www.sharecancersupport.org)

SHARE's mission is to create and sustain a supportive network and community of women affected by breast and ovarian cancers. SHARE's work focuses on empowerment, education and advocacy. SHARE provides support and resources for women impacted by breast or ovarian cancer. This includes telephone support, support groups, online support, educational programs and advocacy activities. All services are free and provided in multiple languages, including Spanish. If you are interested call the phone number listed above.

## **Susan G. Komen Breast Care Helpline**

877-465-6636

Hours of operation: Mon-Fri 9am-10pm

[ww5.komen.org](http://ww5.komen.org)

The Komen Breast Care Helpline offers free breast cancer support and counseling. However, medical advice, physician referrals, evaluations of physicians, medical facilities or services are not provided. Website provides a wealth of safe, accurate, current and evidence-based breast cancer information that has been developed with experts in breast cancer. Services are offered in TTD, English and Spanish.

## **HOME CARE**

### **Senior Bridge**

855-627-3684

[www.seniorbridge.com](http://www.seniorbridge.com)

Senior Bridge specializes in caring for people who have complex chronic medical or cognitive conditions, and taking care of them in their home environment. Licensed Nurses and Social Workers provide professional oversight, planning, coordination and implementation of care plans. They make regular home visits, ensure doctor's orders are followed, reconcile and monitor medications and home safety, support family decision making, and address mood and behavioral problems. They accept most forms of public and private insurance. If you are interested in their services call the number listed above.

### **Visiting Nurse Services of NY (VNSNY)**

800-675-0391

Hours of operation: 24 hours, 7 days a week

[www.vnsny.org](http://www.vnsny.org)

VNSNY, a not-for-profit organization, provides in-home nursing care, therapy, hospice and palliative services to New Yorkers of all ages and backgrounds. VNS offers integrated care including medical nursing, rehabilitation, speech therapies and social work. Home health aides can offer help with personal care. They accept Medicare/Medicaid, private insurance, charitable care and out of pocket payment. If you are interested in their services call the number listed above.

## **HOSPICE**

### **Calvary Hospital**

866-888-6680

718-518-2465

[www.calvaryhospital.org](http://www.calvaryhospital.org)

Calvary Hospital provides palliative care to adult patients in the advanced stages of cancer, and other life-limiting illnesses. Patients can receive hospice services in their homes, nursing homes or assisted living facility. Available to patients with Medicare Part A, physician certified terminal illness or those who have a life expectancy of 6 months or less. Similar benefits are provided through private insurances. If you are interested in their services call the number listed above.

**Metropolitan Jewish Hospice**

800-HOSPICE.

[www.hospicenyc.org](http://www.hospicenyc.org)

MJHS Hospice and Palliative Care is dedicated to serving the needs of New Yorkers facing life-limiting illnesses. As one of the largest hospice and palliative care programs in the region, we are committed to delivering compassionate, expert care, and providing comfort. Patients can receive hospice services in their homes, assisted living communities, nursing homes, hospice residences, or hospitals across Greater New York and Nassau County. Services are covered by Medicare/Medicaid, managed care (including HMOs), private insurance, other third-party payers or private pay. If you are interested in their services call the number listed above.

**VNS Hospice and Bereavement**

800-675-0391

Hours of Operation: 24 hours, 7 days a week

[www.vnsny.org](http://www.vnsny.org)

For more than 30 years, VNSNY Hospice and Palliative Care has provided comfort, relief, and peace of mind to individuals with advanced or life-limiting illness and their families. VNSNY provides hospice care, emotional support, bereavement services, personal care and caregiver support. Their services are covered by Medicare/Medicaid, private health insurance, private pay or charitable care. Translation is available in Spanish, Russian, Chinese and Korean. If you are interested in their services, call the number listed above.

**LEGAL SERVICES**

**Cancer Advocacy Project**

212-382-4785

Hours of Operation: 24 hours, 7 days a week

<http://www2.nycbar.org/citybarjusticecenter/projects/economic-justice/cancer-advocacy-project>

The Cancer Advocacy Project (CAP) assists cancer patients, survivors, caregivers, and support staff in three main areas: (1) drafting no-cost life-planning documents (wills, healthcare proxies, living wills and powers of attorney) for cancer patients and survivors, (2) challenging unjust health insurance

decisions and (3) advice on cancer-related employment discrimination. If you are interested in their services call the number listed above and leave a message with your contact information and reason for calling.

### **New York Legal Assistance Group (NYLAG)**

212-613-5000

Additional locations: 102 community offices located in courts, hospitals, and community based organizations in all 5 boroughs.

[www.nylag.org](http://www.nylag.org)

The New York Legal Assistance Group provides high quality, free civil legal services to low-income New Yorkers who cannot afford attorneys. Their comprehensive range of services includes direct representation, case consultation, advocacy, community education, training, financial counseling, and impact litigation. Services are offered in English and Spanish. If you are interested, call the number listed above.

### **The Family Center**

800-219-4522

[www.thefamilycenter.org](http://www.thefamilycenter.org)

The Family Center provides social and legal services including health care coordination to NYC families from all five boroughs who are confronting illness, crisis, or loss. They assist with housing, income maintenance, family law and lifetime planning. Eligible for anyone living with HIV, cancer or a serious illness, caregivers who are caring for minor children, not their own, or a disabled adult and families with children at-risk for out-of-home placement (Primarily ACS referred families).The Family Center will also serve families who don't exactly fit the above criteria when the circumstances indicate they would benefit from services. If you are interested, call the number listed above and inquire about legal services.

## **LODGING/ HOUSING (NON NYC RESIDENTS)**

### **American Cancer Society- Hope Lodge**

800-227-2345

Hours of operation: 24 hours, 7 days a week

Address: 132 West 32nd Street New York, New York 10001

The American Cancer Society Hope Lodge Jerome L. Greene Family Center offers lodging at no cost for cancer patients being treated in Manhattan. Housing is on a first come first serve basis for cancer patients in the midst of treatment who do not live in the area. For individuals 18 years or older, in active treatment (chemo, surgery, radiation, etc.), and who have an hour or longer commute to their treatment center. To be placed, a social worker or physician from the hospital the individual is receiving treatment at has to call the Hope Lodge to put in a request. After this, a representative will contact the individual with information regarding their stay and if there are rooms available. The number listed above is for the hotline, caller has to indicate that they are looking for information regarding the Hope Lodge.

### **Joe's House**

877-563-7468

Hours of operation: Mon-Fri 9am-9pm

[www.joeshouse.org](http://www.joeshouse.org)

Joe's House is not an actual house, but a nonprofit organization that helps cancer patients and their families find a place to stay when traveling away from home for medical treatment. If you are interested call the number listed above and state to the operator that you are seeking lodging through Joe's House. Service is also available in Spanish.

### MOVEMENT / EXERCISE

#### **LiveStrong at the YMCA**

855-220-7777

Hours of Operation: Mon-Thurs 8:30am-5pm, Fri 8:30am-4pm

[www.livestrong.org](http://www.livestrong.org)

Since 2007, LiveStrong has partnered with the YMCA to promote the importance of physical activity after a cancer diagnosis. This 12-week program, offered at little to no cost, is designed to help cancer survivors improve their strength and quality of life. Individuals meet with a trainer for one on one training. Service is available for individuals living with a cancer diagnosis or post treatment. The trainer focuses on strength, increasing flexibility, endurance, balance, confidence and self-esteem. If you are interested in finding a YMCA close to you call the number listed above. Hotline is offered in English and Spanish.

### PETS

#### **PAWS NY**

212-203-4760

Hours of operation: Mon-Fri 9am-5pm

240 Kent Ave., 3rd Floor. Brooklyn, NY 11249

[www.pawsny.org](http://www.pawsny.org)

The mission of Pets Are Wonderful Support (PAWS NY) is to preserve, support, and nurture the human-animal bond for New York City's most vulnerable residents. PAWS NY focuses on helping individuals who are facing both physical and financial obstacles, with particular emphasis on home-bound seniors, individuals with disabilities, and individuals suffering from illness. Our programs help keep pets in their homes while protecting and promoting the relationship that is so physically and psychologically valuable to our clients. Eligible for individuals with a permanent or temporary disability or illness. If you are interested, call the number listed above.

## TEEN/YOUNG ADULT SUPPORT SERVICES

### **Stupid Cancer**

877-735-4673

[www.stupidcancer.org](http://www.stupidcancer.org)

Stupid Cancer proudly supports a global network of patients, survivors, caregivers, providers and advocates to ensure that no one affected by young adult cancer go unaware of the age-appropriate resources they are entitled to so they can get busy living. Stupid Cancer has an online forum for young adults to connect with one another and resources for young adults impacted by cancer. This web resource is available for individuals under the age of 40 that have been impacted by cancer. If you are interested visit the website listed above.

### **The Samfund**

617-938-3484

[www.thesamfund.org](http://www.thesamfund.org)

The Samfund is proud to provide relief and support to young adult cancer survivors who are struggling financially. Through direct financial assistance and free online support and education, we help young adults survive and move forward with their lives after cancer. Helps with living expenses like gym membership, rent, groceries, mental health. They do not cover treatment costs, tuition, credit card debt. For young adults (ages 21-39) recovering from the financial impact of cancer treatment. This grant is available once a year in June, applicants must fill out application online at the website listed above.

### **Young Survival Coalition**

877-972-1011

80 Broad St., Suite 1700, New York, NY 10004

[www.youngsurvival.org](http://www.youngsurvival.org)

Young Survival Coalition (YSC) is the premier organization dedicated to critical issues unique to young women who are diagnosed with breast cancer. YSC offers resources, connections and outreach so women feel supported, empowered and hopeful. If you are interested in their services, visit the website listed or call the hotline.

### TRANSPORTATION SERVICES

#### **Access-A-Ride**

877-337-2017

Hours of Operation: Mon-Fri 9am-5pm

[web.mta.info/nyct/paratran/guide.htm](http://web.mta.info/nyct/paratran/guide.htm)

MTA New York City Transit administers the paratransit service for New York City, called Access-A-Ride (AAR). The service is shared-ride, door-to-door or feeder service for those who cannot take public transportation. Service fees are \$2.50 per ride paid to the driver at pick up (exact change). Eligible to individuals that have a disability preventing individual from using public transportation. To sign up callers would call main line (listed above) and talk to a specialist about applying for Access-A-Ride. Callers would then be sent an application packet and appointment time 5-7 days from original call. Spanish translations are available, however there are no interpretive services offered for appointments.

#### **American Cancer Society's Road to Recovery**

(Only Brooklyn and Limited Queens. No service to or from Manhattan)

800-227-2345 (press 5)

Hours of operation: 24 hours, 7 days a week

<http://www.cancer.org/treatment/supportprogramsservices/road-to-recovery>

The American Cancer Society Road to Recovery program provides transportation to and from treatment for people with cancer who do not have a ride or are unable to drive themselves. Patients must be traveling to an appointment required to begin or complete cancer treatment, or to an appointment for complementary therapy during cancer treatment. Transportation cannot be provided for follow-up appointments after treatment has been completed. Patients must be ambulatory, able to walk unassisted to and from the vehicle, or have an accompanying caregiver to assist. Patients under the age of 18 must be accompanied by a legally responsible adult. A 4 business day advance notice is required, not including the date transportation is needed. If you are interested call the number listed above.

### **Corporate Angel Network**

914-328-1313

Hours of operation: Mon-Thurs 9am-5pm, Fri 9am-4pm

[www.corpangelnetwork.org](http://www.corpangelnetwork.org)

Corporate Angel Network's mission is to help cancer patients access the best possible treatment for their specific type of cancer by arranging free travel to treatment across the country using empty seats on corporate jets. This not only improves the patients' chances of survival but at the same time, it reduces their emotional stress, physical discomfort and financial burden. Services are offered to cancer patients, bone marrow donors and bone marrow recipients that are traveling to treatment, a consultation or a check-up. The individuals must be able to walk, must be traveling to a recognized cancer treatment center and must not require IV or oxygen. The appointment must be within a 3 week timeframe in order to be eligible. If you are interested, call the number listed above.

### **National Patient Travel Hotline**

800-296-1217

[www.patienttravel.org](http://www.patienttravel.org)

The National Patient Travel Hotline provides information about charitable, long distance medical air transportation. To request travel assistance, fill out the online form on their website or call the number listed above.

### **LogistiCare**

877-564-5911

Hours of operation: 7am-6pm

[www.nycmedicaidride.net](http://www.nycmedicaidride.net)

LogistiCare provides rides to and from medical appointments for patients that have been diagnosed with condition that won't let them use public transportation. This service is only available for Medicaid enrollees that are not in a managed long term care plan. To enroll call the number listed above, or visit the website to download the necessary documents your doctors needs to complete. Services are available in English, Russian, Chinese and Spanish.

### WIGS/PROSTHESES/SCARVES

#### **Tender Love and Care- American Cancer Society**

800-227-2345; 800-850-9445

Hours of operation: 24 hours, 7 days a week

[www.tlcdirect.org](http://www.tlcdirect.org)

Tender Love and Care (TLC) is a not-for-profit website and catalog of the American Cancer Society. Their mission is to help women cope during and after cancer treatment by providing wigs and other hair loss products (plus how-to information), as well as mastectomy products, all at affordable prices. TLC donates many new wigs (and other items) through the local ACS offices and wigs are also donated by manufacturers and boutiques. Contact your local ACS office or call the number listed above to see if an office near you participates in this free wig program.

#### **Cancer Care Wig and Breast Prosthesis Clinics**

800-813-4673 (press 4)

Hours of operation: Appointments only available Wednesdays and Fridays

Address: 275 Seventh Avenue, 22nd Floor New York, NY (between 25th and 26th street)

[www.cancercare.org](http://www.cancercare.org)

**Breast Prosthesis Clinic:** The Prosthesis Clinic provides women with breast cancer who have had a mastectomy the opportunity to receive mastectomy supplies free of charge. During an individual 30-minute fitting, women can try on mastectomy bras and breast prostheses with assistance from a trained fitter. An oncology social worker is also present to provide support. They are able to provide two mastectomy bras and a breast prosthesis free of charge. It is recommended that clients wait at least six weeks post-surgery to allow for proper healing.

**Wig Clinic:** The Wig Clinic provides women with any type of cancer who are receiving chemotherapy the opportunity to receive a free wig. During an individual 30-minute fitting, women have the opportunity to try on different wigs with assistance from a wig fitter. An oncology social worker is also present to provide support. Basic wig care is discussed, although they do not have the capacity to cut or style wigs themselves. If you are interested in either service call, the number listed above and talk with a representative who can assist you in scheduling an appointment.

**Good Wish Scarves**

888-778-5998

PO BOX 1968 North Bend, WA 98045 USA

Hours of operation: Mon-Thurs 7:30am-5pm

Fri 7:30am-11:30am

[www.goodwishesscarves.org](http://www.goodwishesscarves.org)

Good Wishes provides an It's a Wrap® or Good Wishes square scarf to anyone experiencing the thinning or loss of hair as a result of illness or treatment at no cost. Available for adults (both male and female) and children. Good Wishes ships nationwide at no cost, and international shipping for a minimal fee. If you are interested call the number above or visit the website.

**GENERAL RESOURCES**

**ALL4ONE LymphedIVAs Program**

508-630-2242

Hours of operation: Mon-Fri 8:30am-5:30pm

[www.lymphedivas.com](http://www.lymphedivas.com)

LymphedIVAs provides a limited number of free sleeves and gauntlets each month for approved applicants. Applicants can also order compression sleeves or gauntlet sets at a discounted rate. Women that qualify based on their financial circumstances and diagnosis might be eligible for a free set. Interested individuals can visit the website listed above to fill out an application, or call the hotline for assistance. Website is also available in Spanish.

**Cleaning For a Reason**

877-337-3348

Hours of operation: Mon-Fri 9am-5:30pm

[www.cleaningforareason.org](http://www.cleaningforareason.org)

The mission of Cleaning For A Reason is to give the gift of free house cleaning for women undergoing treatment for any type of cancer. Maid services will come to your home or apartment once a month for up to 4 consecutive months. Service is available for women 18 years and older who are in treatment for any cancer diagnosis. If you are interested, visit the website above to fill out an application or call the hotline listed.

### **EmergingMed**

877-601-8601

Hours of operation: Mon-Fri 9am-5pm

[www.emergingmed.com](http://www.emergingmed.com)

EmergingMed's Clinical Trial Navigators provide concierge support to patients and physicians searching for clinical trial opportunities that match a patient's specific diagnosis, symptoms or stage, and treatment history. With permission, Navigators will also provide updates when new clinical trials or new therapies in development emerge that match the patient's clinical or genomic profile. If you are interested visit the website to create a profile or call the number listed above. Services are available in English and Spanish.

### **National Center for Complementary and Integrative Health (NCCIH)**

888-644-6226

[www.nccih.nih.gov](http://www.nccih.nih.gov)

The mission of NCCIH is to define, through rigorous scientific investigation, the usefulness and safety of complementary and integrative health interventions and their roles in improving health and health care. NCCIH provides scientific evidence to inform decision making by the public, by health care professionals, and by health policymakers regarding the use and integration of complementary and integrative health approaches. Visit the website or call the general hotline listed above for specific information regarding complementary and integrative health interventions.



## Our Mission

### To Support, Educate and Empower Cancer Patients and Their Families

Our free comprehensive cancer program includes support groups, educational lectures and workshops for everyone impacted by cancer – men, women, teens, and children.

**This program is sponsored by  
Susan G. Komen Greater New York City**

GILDA'S CLUB NEW YORK CITY • 195 West Houston Street • New York, NY 10014

**212-647-9700 • [www.gildasclubnyc.org](http://www.gildasclubnyc.org)**